

July-September/2010



News from the Grove



Volume 7; Issue 2

The Glitter Theory

Take a bowl of vegetable oil and put it under a bright light. Now sprinkle some large flake glitter onto its surface. Watch what happens to the glitter. Some stays on top for a while, and some sinks right to the bottom. The rest, the majority, slowly falls, flipping over and over, sometimes reflecting the light and sometimes appearing dark. Notice how some of the glitter clumps together during its descent. The bigger the clump, the faster the fall. The clumps seem to get even bigger once the bottom is reached. Even shaking the bowl does not dislodge the bigger clumps. Some individual pieces, however, move up through the oil to about midpoint during the “shake-up,” and have another opportunity to align themselves with the light as they fall once more. Some fall as they did before, flipping over and over, showing both sides and a few fall again quickly, not reflecting anything.

If the light is divinity and the bowl is the universe and the oil is the matrix of the physical plane, the glitter could be us. The big difference being that we have consciousness, therefore control over how we aim ourselves during our journey through physical existence. We can choose to reflect the light and float for a while or tumble swiftly and blindly, sometimes catching a glimpse of something larger than us if we happen to be paying attention. Sometimes we are only able to see the dark side, sinking straight to the bottom, grabbing hold of others as we go with fear of the fall, without ever acknowledging the light. There we could stay, in big clumps, holding each other down, until everything is shaken up again.

For a moment, I felt as if I was the Divine waiting, searching to see myself reflected in all of creation. I shook the bowl often to give the little pieces of glitter plenty of opportunities to align

with the light. As I watched the glitter move through the oil, reflecting the light here and there, I found myself encouraging the little flakes to turn and reflect more light, marveling at the beauty of the sparkles! Wouldn't it be amazing if all the glitter could turn and reflect the light together at the same time? The light that would be coming from the bowl would be more brilliant than the original light because of the multitude of reflective surfaces intentionally aligned! Not only would the original light be reflected, but also the light from each piece of glitter would be reflected in its neighbor, magnifying it exponentially!

If each of us can see the light and hold that reflection in our consciousness, then require our individual cells to align to and reflect this light we hold, how integrated we would be and how magnificently we would shine as we would truly have brought the divine light fully into the world! I could understand how some of us who weren't familiar with the source of light, might see someone glowing ever so brightly and think, “I need to attach myself to that person! I want some of that light!” For the one glowing so brightly, this might feel good. This attention could feel so good; the ego might want more and more! But, remember, “The bigger the clump, the faster the fall.” We must each be mindful of the true source of light and know we can travel through our physical existence side by side, each doing our part in reflecting the divine in the earth plane, but allowing each other the space and freedom to make their own journey.

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Birthstones



Months	Gems
January	Garnet
February	Amethyst
March	Aquamarine
April	Diamond
May	Emerald
June	Pearl
July	Ruby
August	Peridot
September	Sapphire
October	Opal
November	Yellow Topaz
December	Blue Topaz

MYTHS AND SPELLS USES FOR BIRTHSTONES!

GARNET

- used for healing, strength, & protection
- Worn to relieve inflammations of the skin.
- In ancient times garnets were exchanged as gifts between friends to demonstrate their affection for each other and to insure that they meet again.

AMETHYST

- Guards against drunkenness & overcoming addiction.
- Used for healing spells, help dreams and protection against thieves.
- Worn to make the wearer gentle and amiable.

AQUAMARINE

- worn for foresight, courage, and happiness
- In the Middle Ages it was thought that aquamarine would reduce the effect of poisons.
- A legend says that sailors wore aquamarine gemstones to keep them safe and prevent seasickness.

DIAMOND

- Cupid's arrows are tipped with diamonds
- Dispels stress, and guards against envy
- Relieves insecurity, improves clarity, and increases self-esteem.

EMERALD

- Restores emotional balance,
- Aids working closely with others
- Facilitates expression

PEARL

- Brings peace
- Reduces over-sensitivity
- Is the symbol of modesty and purity

RUBY

- Wear as brooch, ring or anklet...keep away from solar plexus.
- Wearing on the left side brings food fortune.
- It is an amplifier of positive and negative energies. Watch how you use it!

PERIDOT

- Boosts confidence and heightens assertive energy
- Releases toxins and brings them to the surface, thus neutralizing them.
- Helps you to connect to your destine.

SAPPHIRE

- Recommended for healers and those involved in mental pursuits
- Powerful defense against harm, and envy
- Attract divine favor

OPAL

- Contain 30% of water
- Magnify the qualities of the wearer
- Enhances cosmic consciousness, bring joy, and creativity.

YELLOW TOPAZ/BLUE TOPAZ

- Romans believed it had power to improve eyesight.
- The Egyptians wore it as an amulet to protect them from injury.
- When using for spell in helping with crisis, motivation, and increasing the energy level of the wearer.



References

<http://www.bernardine.com/gemstones>
<http://www.walshbrothers.co.uk/Update/dia02.htm>
[The Crystal Handbook](#) by: Kevin Sullivan

For more information about this stones and others check out these websites and/or this book.

The ideas about birthstones are just for entertainment. Please if you are sick see your doctor, and not just use stones to help you. Do not eat any of these stones. Do spells at your own risk!!

Loosestrife

Poetry By Epona Wren

There is no winter for you,
no time of reflection.
No watching the flurry
fall around you.
If autumn draws near
you fear the end.

No need for the turn
when you prefer
the flowers blooming
constantly against
monotonous green;
sporadic along dusty highways
blown to dance a pleasant
erratic ripping jig.

You desire no rest.
You'd rather let your synapses fire
until you spark no more,
complacent with rusted plugs.

Purple Loosestrife invading
Queen Anne's Lace in July.
You love the erratic dance
you feel when cars blow by.

No winter no rest
until your dead.
No need to ponder
season by season,
when it has never gotten you
anywhere before.



Picture by: invasiveplants.net

From the Herb Chest

Queen Anne's Lace

Other names: Bird's Nest, Wild Carrot.

White (rarely pinkish) umbels 2-7 in. wide; the central flower of each umbel is purple. Tall, rough, hairy plant, 1-5ft. tall with leaves fernlike. The roots smell like carrots and can be used in place of carrots, but are not as sweet. According to [Euell Gibbons](#), the roots can be used in camp stew in a pinch, and like its cultivated cousin, it is high in vitamin A. Its roots do although have a slightly antiseptic property.

Some uses:

- ✘ Freshly grated root is used as a poultice on ulcers and burns.
- ✘ Dried and ground, the roots of wild carrot can be used as a coffee substitute.
- ✘ The wild carrot drink is said to quickly relieve flatulence and is suggested for use in the treatment of coughs and asthma.
- ✘ Used internally for urinary stones, cystitis, and grout.
- ✘ Oil from this follow, are used in anti-wrinkly creams and perfumes.

****Warning:** This flower is very similar in appearance to poison hemlock. Always be sure what herb you are using, never eat anything you are not sure about, and always consult a doctor before taking any herbs for any problems!!

How to tell its Queen Anne's Lace:

Look for a tiny dark flower in the center of all of the white flower heads. This is the reason for the name "Queen Anne's Lace. The dark spot in the center was a drop of royal blood- shed by England's Queen Anne who picked her finger while making lace. The dark center looks like her blood surrounded by white lace.



Picture by: Lady Arawyn

A Book Review

By: Lady Arwyn

The Witch of Portobello

By: Paulo Coelho

It is not too often when I come across a book that can touch people in so many different ways. In reading *The Witch of Portobello* by Paulo Coelho we find a character named Athena whose very life force touched everyone in many different ways. It does not matter what faith you are aligned with, this book will connect with you and draw you in. My very long time Christian friend suggested this book to me, and I was not expecting the powerful message that this book revealed, and how it can be shared by so many different faiths, touching them in a way that they can understand.

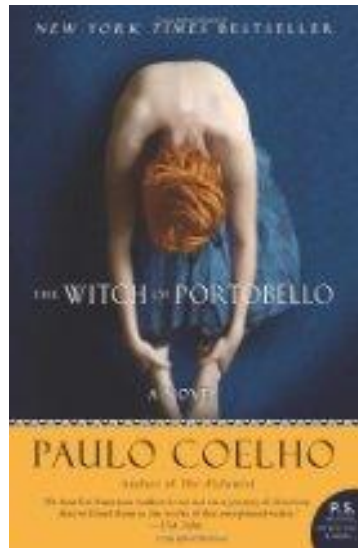
In *The Witch of Portobello*, Athena is a woman touched by the divine spark, searching for ways to connect to God, The Mother, and The Divine. It almost seems as if no one faith could contain her, she had to expand her spiritual mind, or wither and die and yet that did not save her in the end.

The author took a different approach to narration. The narrator wants to share the story of Athena to the world, and therefore decided to write the biography of Athena. He transcribed interviews with people who shared their feelings, thoughts and memories of Athena. By doing this, we as the readers get to see how Athena was perceived by others, how they reacted to her, and their true feelings about her. Some saw what they wanted to see in Athena: a teacher, a mother, a wife, a

witch, a priestess, or a manipulator. Athena may have been all those things and more; but in the end, no one really understood Athena and what she was trying to do. I have a feeling Athena was not always sure herself, she was just following the path less traveled as she quoted in the book, and doing what she was pulled to do.

The one thing that I came to realize by reading this book is: the world will see us the way it wants to see us no matter how hard we try to change its mind. All we can do is live the life we want, try to find the divine in our own way, and not worry about what others think of us, because most of the time they get it wrong (but you cannot tell them that—they do not listen).

In reading this book, Athena helped me to be a better teacher to students I currently teach and those I will teach in the future by reminding me of the concept: “learning through teaching”. One cannot claim to know all for we learn through the help of others, even when we are the teachers. She inspired me to drop my inhibition, and dance to connect with the Mother without worrying of what others might think. Now I know that Athena is a fictional character from the mind of a Brazilian author, but you can feel her power, her spirit emanating from the papers in this book. Read it, and see how this story touches your life.



Events That Cast a Spell

Awakening the Magic Within

Presented by:

Heartland Leadership Council



Location: Angel Light Sanctuary

12101 W. Central

Swanton, OH

September 18, 2010

Opening Ceremony

10:00 a.m.

Gathering Fire

8:00 p.m.

Where is Magic Headed?

What will the next three years bring?

**Join us for a day of sharing and
celebration.**

Guest Speakers:

To Be Determined

For questions or more information
419-842-8383 and solaron@turlor.com

Awakening the Magic within Ceremony

Aligning with the New Energy

Meditation

Booths:

- ❖ **Local Organizations**
- ❖ **Multi-denominational Organizations**
- ❖ **Alternative Healing**
- ❖ **Vendors**

**"True Peace is not the absence of strife but the presence of Cooperative
Diversity" – Walks With Fire**



<i>Sabbats</i>	<i>Date</i>	<i>Time</i>	<i>location</i>
Lughnasa (open ritual)	July 31	8pm	Arawyn and Gwydion House
Mabon	Sept. 18	8pm	~To be determined~

Use Mapquest.com if you need a map or you can call us @ 419-474-6065.

Lord Gwydion & Lady Arawyn

1922 Newport Ave.

Toledo OH 43613 (we live on the corner of Newport Ave. and Rommany Dr. Our driveway is on the Rommany Dr. side)

★ Donation accepted

★ Setup is at 7pm, ritual to start at 8pm

Any questions or concerns please call Lady BonaDea @ 1-734-848-5700.

(Family night is for members and friends of the grove only~ thank you.)

~Brewing Updates~

- ★ Please send healing energy every Sunday at 10pm during the “Blessing Box Rite”. Help us send blessing energy out into the world for the people in the blessing box.
- ★ From Lady Arawyn~ Please email to arawyn26@hotmail.com any poems, essay, stories, comments, and events you can think of for the newsletter. (If submitting things from the web or a book please provide the source so it can be put on the web site.) Thank you.
- ★ If you have not already done so, please check out the coven’s website. Information on the upcoming ritual is posted!

Birthdays

Freyja was on June 27th

Ashlynn Phoenix turned 5 on July 5th

Young Gwydion is on Aug. 3rd

Rowan Kirin will be 1 on Aug. 11th

Lord Palentine is on Aug. 18th

Lady BonaDea is on Aug. 19th

Lady Minerva is on Aug. 23rd

Lady Epona Wren is on Sept. 27th

**Happy Birthday
to our Lords and Ladies;
sisters and brothers!**

Circle of the Sacred Grove
Temple of the Old Religion

