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Feeling Loved

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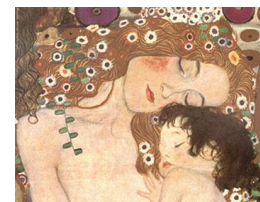
While thinking about the different mythologies around the world involving a Divine Child and the nurturing of that child who would become the Light of the World, I mused on whether or not the Divine Child was ever scolded. I wondered if that child knew every moment how much he was loved. That got me thinking about my children. I thought about all those times I scolded unnecessarily and hoped my children realized how much I loved them, even when I was angry.

That led to me thinking about my own childhood. It was a different era. Childrearing is so different then. We understand so much more now about what a child needs. Old resentments started to rise in me. I looked closely at how my parents were raised and what their influences and mindsets were. Putting their actions into that context brought them into sharper focus. What were their intentions? They raised me the best they knew how. They had good intentions, but I often felt unloved.

This doesn't mean it was true. My parents both mentioned once or twice about how unloved they felt at certain times in their lives. I blamed my grandparents for that and I blamed my parents for making me feel unloved in turn. Each generation struggles with doing a better job than the generation before them. We are supposed to be smarter, more compassionate, more evolved. We are certain that we have learned from our ancestors' mistakes. That doesn't make us perfect. Our children might tell us one day about a time they felt unloved, and we would know in our hearts that we did love them. There are times when our children are struggling with the angst of growing up, when we as parents will feel unloved by our children, and our children would know in their hearts that they do love us.

Are you able to be compassionate or kind to someone else? Do you strive for fairness? Do you love someone? If you answer yes to these questions, then you have known love. Love begets love; that is the truth. We are not perfect human beings. We will make mistakes. But that doesn't mean we don't love each other. The human race has survived despite thousands of years of horrible atrocities inflicted against itself because a child is born and someone, somewhere will love that child. That child will, in turn, love someone else.

We tend to focus in this era on what we as humans have done wrong. It is important to do that so changes can be made, but maybe we could also acknowledge that love isn't dead. We can help each other remember that we are living proof of that fact.



Painting by: Gustav Klimt
"Mother and Child"
c.1905

To Make or Buy that is the Question?

'Tis the season of gift giving again! But what is a gift if it does not have meaning behind it. Making the gift you give to someone makes it a special way of giving a piece of your heart! Our ancestors did not have malls to buy their Yule gifts, they had to make what they gave and so can you. Here are some suggestions in making gifts:

Make a book, now you don't have to write a novel.
How about a personal journal or notebook!



Its Yule how about an ornament!



Good cook.
How about making a goody!



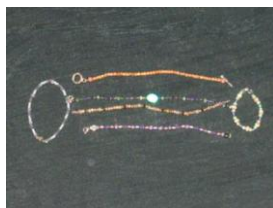
An alter set is a great way to
give the gift of spirit that
they can carry with them.



A box, painted up pretty!



Jewelry can be fun!



One can write a poem, a story, or perform a magick trick for the person. Someone, who once told me they are not artistic (but they are good on the computer), gave me a binder with a collection of Yule songs...I loved that gift! These are just some fun suggestions. Find what works for you, and see what you can come up with. Let Your Creativity Soar!!!

*Like what you see here and want to know more, send me an email and I will send you the link or let you know how I did the project.

~Lady Arawyn

Herb Corner

Smells Of the Season

The herbs I have picked for this [article] have been chosen for personal reasons; they are the scents that remind always the Yule season.

Myrrh

- ✿ Feminine herb with the Moon
- ✿ Element is Water
- ✿ Used for protection, exorcism, spirituality and healing.
- ✿ Burned as an incense Myrrh purifies the area,
- ✿ Lifts the vibrations and creates peace.
- ✿ The smoke is used to consecrate, purify and bless sacred objects.
- ✿ Helps with meditation and thought.
- ✿ It also increases the power of any incense it is added to,
- ✿ Often mixed with Frankincense or Copal Resins.



***** Myrrh is a resin and should NOT be taken internally *****

Frankincense –

- ✿ Masculine herb with the Sun
- ✿ Element is Fire
- ✿ Used for protection, spirituality and exorcism.
- ✿ When burned, Frankincense releases powerful vibrations which uplifts the spirit as well as drive out evil and negativity.
- ✿ Used in incense during exorcisms, protection, purification and consecration works.
- ✿ Burned to help induce visions and add in meditations.
- ✿ Added to sachets and such for luck, protection and spiritual growth.



***** Frankincense is a resin and should NOT be taken internally *****

Pine - Evergreen –



- ✿ Masculine herb with Mars
- ✿ Element is Fire.
- ✿ Used for fertility, healing, exorcism, protection and money works.
- ✿ Sawdust from pine is often used as an incense base and is commonly used in money spells.
- ✿ Branches placed over the door ensure continual joy within as they are evergreen.
- ✿ Branches placed above the bed are said to help keep sickness away and help with the healing of those already ill.
- ✿ Pine needles are burned during the winter months to purify, cleanse and remove negativity from the home.

- ✿ The needles are also scattered on the floor to drive away evil and when burned are said help to reverse and send back spell works.
- ✿ For Medicinal use Needles, Inner Bark and small Sprigs.
 - Pine is an expectorant which promotes the thinning and expelling of mucus in the lungs.
 - Known for it's demulcent properties, it soothes, protects and relieves the irritation or inflamed mucus membranes.
- ✿ Some of the American Indians are said to have crushed and baked the pine bark into their bread dough for it's medicinal properties.
- ✿ **White Pine** is an old remedy for chest ailments such as bronchitis coughs, colds, the flu, tonsillitis and sinus drainage.

~More powerful when mixed with **Wild Cherry Bark** , and **Spinkard**.
Below is a mix that has worked well for me.

Steep 1 teaspoon of the inner bark or sprigs, 1 tablespoon of Wild Cherry Bark and 1 tablespoon of Spinkard Root in a pint of boiling water for about 30 minutes. 1 tablespoon should be taken every hour for as long as need. Please however make a new batch ever 36-48 hours.

***** Do not take any herb without consulting a doctor; this information is for entertainment only *****

Ginger -

- ✿ Masculine herb with Mars
- ✿ Element is Fire
- ✿ Used for love money, success and power Magick.
- ✿ Eating ginger before spell-work is being preformed will lend them power.
- ✿ It is much used in love Magick.
- ✿ Roots are planted and grown, believed to attract money, and sometimes even placed into pockets in powdered form for the same reason.
- ✿ Ginger is used not only to strengthen spell-work but used in many success spells themselves.
- ✿ Sometimes chewed up and spat at oncoming and potentially harmful situation.
- ✿ Such as storms and sickness, it is believed to slow and may even "halt" the impending event.
- ✿ For medicinal use, use the root, dried and fresh.
 - It is considered a stimulant, a condiment, it promoted saliva and helps to prevent the formation of gas.
 - Made into a tea it is good for sore throats, coughs, colds, nausea, and diarrhea and is also very aromatic.



***** Ginger FRESH is considered SAFE for all if taken only as taste buds will allow and not in excess. HOWEVER Only occasional use of the powdered and dried roots is recommended for pregnant woman, and tends to upset those who suffer from gallstones. Those who should not allow their HEART to race should also avoid this herb in excess*****

References:

"Cunningham's Encyclopedia of Magickal Herbs" by Scott Cunningham
"Back to Eden" by Jethro Kloss.

Compiled By McKailia Nimue



<i>Sabbat/Event</i>	<i>Date</i>	<i>Time</i>	<i>location</i>
Yule Family Night	Dec.16	7 pm	Lady BonaDea's House
Yule	Dec. 17	7 pm	Small Club House
Imbolc Family Night	Jan. 27	7 pm	To be determine
Imbolc	Jan. 28	7 pm	To be determine
Ostara Family Night	Mar. 16	7pm	To be determine
Ostara	Mar. 17	7pm	To be determine

If you need addresses, please call Lady Arawyn @ 419-297-3769

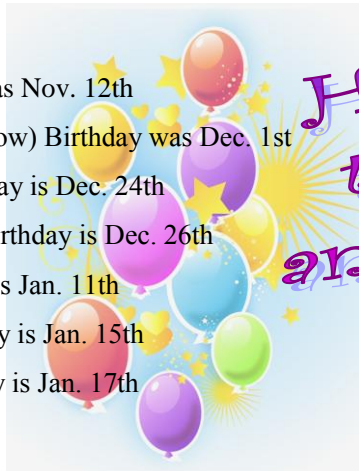
- ★ Remember: family night is for Friends of the Grove and members only, Ritual will start at 8, be there by 7:45 at the latest. (A donation of any amount for guest, Friends of the Grove –donation or bring a dish to share) Bring your own drink(s) ~Thanks!

~Brewing Updates~

- ★ Hallow's Ritual → A lot of old faces, and a lot of new faces attended the ritual where we dance with the dead! The love of the Ancestors was felt that night. Thank you to everyone who could be there; it was magickal!
- ★ Remember the Yule gift exchange is on family night at 7pm. If something comes up and you cannot be there and you are in the member's gift exchange, please leave the gift at Lady BonaDea's house. Thank you!
- ★ Like the newsletter, want more...well to keep the newsletter up we need submissions. Essays, stories, articles, poems and/or events can be sent to Lady Arawyn at arawyn26@hotmail.com ~Thank you!

Birthdays

Lily's Birthday was Nov. 12th
Morgana's (Meadow) Birthday was Dec. 1st
McKailia's Birthday is Dec. 24th
Lady Arawyn's Birthday is Dec. 26th
Illyria's Birthday is Jan. 11th
Lamaria's Birthday is Jan. 15th
Ma Eva's Birthday is Jan. 17th



*Happy Birthday
to our Sisters
and Little Sisters!*



~Circle of the Sacred Grove ~
Temple of the Old Religion